



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Caregiver Support Group, 10:30-12:00 Virtual</p> <p>Prostate Support Group 2-3:30 Virtual and In Person</p>	<p>2 Balancing Honesty and Hope, 3:30-4:30 Virtual</p>	<p>3 Multiple Myeloma Support Group 4:00-5:30 Virtual</p>	<p>4 Praise Dance Support Group 11:00-12:00 Virtual</p>
<p>7 Winning Together (Breast/Gyn) Support Group 10:30-12:00 Virtual</p>	<p>8 Men's Support Group 5-6:30 Virtual</p>	<p>9 Balancing Honesty and Hope, 3:30-4:30 Virtual</p> <p>Women's Urostomy Support Group 3-4:30 Virtual</p>	<p>10 Living with Cancer Support Group 2-3:30 Virtual</p>	<p>11 Praise Dance Support Group 11:00-12:00 Virtual</p>
<p>14 Leukemia and Lymphoma Support Group 5-6:30 Virtual</p>	<p>15 Caregiver Support Group, 10:30-12:00 Virtual</p> <p>Prostate Support Group 2-3:30 Virtual and In Person</p>	<p>16 HOPE for Melanoma Patients & Caregiver Support Group 10:30-12 Virtual</p> <p>Men's Urostomy Support Group 3:00-4:30 Virtual</p>	<p>17 Multiple Myeloma Support Group 4:00-5:30 Virtual</p>	<p>18 Praise Dance Support Group 11:00 12:00 Virtual</p>
<p>21 Winning Together (Breast/Gyn) Support Group 10:30-12:00 Virtual</p>	<p>22 Men's Support Group 5-6:30 Virtual</p>	<p>23 Balancing Honesty and Hope, 3:30-4:30 Virtual</p> <p>Women's Urostomy Support Group 3-4:30 Virtual</p>	<p>24 Living with Cancer Support Group 2-3:30 Virtual</p>	<p>25 Praise Dance Support Group 11:00 12:00 Virtual</p>
<p>28</p>	<p>29 <i>Couples Support Group 5-7:00 Virtual</i></p>	<p>30</p>	<p>31</p>	

For more information & support for patients and families, contact your Social Workers: UMC North - Lynn Barwick 520-694-1855, Stephani Norwood Thompson 520-694-0805, Jennifer Lee 520-694-6752, Erika Miller 520-694-5106, Icela Rivera, 520-694-0361, Steve Ross, group facilitator, 520-825-2009 and Ann Christensen, Chaplain, 520-694-0248.

Balancing Honesty & Hope: Metastatic Cancer Support Group -Virtual This support group is for patients with advanced or metastatic cancer. Meets the 1st, 2nd and 4th Wednesday, 3:30-4:30 Virtually. Please contact Steve Ross at (520) 825-2009 or email him at Steve.Ross@bannerhealth.com

(Breast/GYN) Winning Together – Virtual Winning Together is a support group for women with Breast and GYN cancers. This group meets every 1st and 3rd Monday from 10:30-12:00 PM. Virtually. Please contact Erika Miller at 520-694-5106 or send her an email Erika.Miller2@bannerhealth.com.

Caregiver Support Group – Virtual support group for caregivers who have a loved one with a cancer diagnosis. Meets the 1st and 3rd Tuesday of the month 10:30 am -12:00 pm For more information please call Steve Ross 520-825-2009 for calendar invite please email at Steve.Ross@bannerhealth.com

Couples Support Group--Virtual support group open to any couple whose life has been touched by cancer at any time, in any way. **The next group meeting will be on August 29, 2023 from 5:00 pm-7:00pm virtually** –For information contact Steve Ross at (520) 825-2009 or email him at Steve.Ross@bannerhealth.com

HOPE for Melanoma Patients & Caregivers – This **Virtual** support group is for any patient and their family member with Melanoma. They will meet the 3rd Wednesday of each month, 10:30 am – 12:00 pm. For information, contact Lynn Barwick at 520-694-1855 or for calendar invite please email at Lynn.Barwick@bannerhealth.com

Leukemia and Lymphoma Society Family Support Group – Virtual Support group for patients with Leukemia, or Lymphoma and their significant others. This group meets the 2nd Monday of the month from 5:00 pm-6:30 pm. For more information contact Stephani Norwood Thompson at 520-694-0805 or for calendar invite please email her at Stephani.NorwoodThompson@bannerhealth.com

Living with Cancer -Virtual Support group meets the 2nd and 4th Thursdays from 2:00 pm -3:30 pm and is for cancer patients and their caregivers. People with any type of cancer are welcome. For more information contact Steve Ross for calendar invite please email or call Steve Ross at 520-825-2009 or email him at Steve.Ross@bannerhealth.com

Men's Support Group – Virtual support group is open to any man whose life has been touched by cancer at any time, in any way. The Men's Group meets on the second and fourth Tuesday from 5:00 pm-6:30 pm. For information contact Steve Ross at 520-825-2009 or email him for a calendar invite Steve.Ross@bannerhealth.com

Men's Urostomy Support Group – Virtual support group is by invitation only and meets on the 3rd Wednesday from 3:00 to 4:30 pm. This group provides support and education to men who have urostomy's due to bladder cancer. Please contact Patti Anderson, RN, WOCN 520-694-1005 or Steve Ross at 520-825-2009 or email for a calendar invite Steve.Ross@bannerhealth.com

Multiple Myeloma Support Group – Virtual support group for patients, family members and loved ones touched by Multiple Myeloma. **First and Third Thursday from 4:00pm-5:30pm**. Please call Steve Ross at 520-825-2009 or email him at Steve.Ross@bannerhealth.com for a calendar invite and more information.

Praise Dance Support Group - Virtual This support group is for all patients with cancer or in remission and their families. Dancing to uplifting music will be done while seated. Meets every Friday, 11:00AM-12:00PM. Please contact Chaplain Ann Christensen at 520-694-0248 or send her an email at ann.christensen@bannerhealth.com for more information and a calendar invite.

Prostate Cancer Support Group – Virtual and In Person support group for men and their spouses/significant others who are touched with prostate cancer. Meetings are on the First Tuesday they have a speaker scheduled and on the Third Tuesday is just a support group, 2:00pm-3:30pm attend. For further information, please contact Steve Ross at 520-825-2009 or email Steve.Ross@bannerhealth.com for a calendar invite.

Women's Urostomy Support Group –Virtual support group meets the 2nd and 4th Wednesday of each month from 3:00pm - 4:30pm. This group provides support and education to women who have urostomy's due to bladder cancer. Please contact Patti Anderson, RN, WOCN 520-694-1005 or Jennifer Lee 520-694-6752 for additional information. This group is by invitation only.